

# Nutrition Facts

Serving Size 170 g

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## Amount Per Serving

**Calories** 141

Calories from Fat 92

**% Daily Value\***

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**Total Fat** 10.2g **16%**

Saturated Fat 1.6g **8%**

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**Cholesterol** 2mg **1%**

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**Sodium** 471mg **20%**

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**Total Carbohydrates** 5.6g **2%**

Dietary Fiber 1.8g **7%**

Sugars 2.1g

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**Protein** 8.6g

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Vitamin A 5%

Vitamin C 7%

Calcium 22%

Iron 10%

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**Nutrition Grade B+**

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\* Based on a 2000 calorie diet